



FREE THETAN

Newsletter of the association of
professional independent scientologists

Preserve, Protect & Promote

January 2017

Volume 8 Issue 1



"One of the great truths of Scientology is that increased awareness is the only factor which offers any road out. That is an awfully simple truth, but you'll find out that people don't know that. They think that less awareness is the road out—and that is the road down into the basement."

—"What It Means to Be A Scientologist," THE AUDITOR 36

FREE THETAN

Newsletter of the association of professional independent scientologists

Preserve, Protect & Promote

FREE THETAN
Volume 8 Issue 2 January 2017

Editor in Chief
Michael Moore

Contributors
L. Ron Hubbard
Michael Moore
Sebastian Tombs
Harry Seldon
And many others

Advertising
Technical Author Services Pty Ltd
<http://authorservices.org>

The FREE THETAN is the monthly Newsletter of the Association of Professional Independent Scientologists. It is available as a free download from the APIS website or by subscription. The Association of Professional Independent Scientologists is the operating name of the International Freezone Association Inc, a duly registered non profit association registered in the State of Delaware, USA.

Website:
independent-scientologists-association.net
Email address:
support@internationalfreezone.net

Important

In studying Dianetics and Scientology be very, very certain you never go past a word you do not fully understand.

The only reason a person gives up a study or becomes confused or unable to learn is that he or she has gone past a word or phrase that was not understood.

Trying to read past a misunderstood word results in mental "fogginess" and difficulty in comprehending the passages which follows. If you find yourself experiencing this, return to the last portion you understood easily, locate the misunderstood word and get it defined correctly—and then go on.

-000-

<p>The FREE THETA</p>	<p>The Members Quarterly Journal of the Association of professional Independent Scientist</p>	
	<p>Preserve, Protect & Promote</p>	
	<p>http://independent-scientologists-association.net</p>	<p>reservo, servo, proveho</p>

~ *Editorial* ~



reservo, servo, proveho

Dear Reader,

Welcome to 2017!

This promises to be a great year for Scientologists in the field with more and more people reaching out and arriving. Most people know that scientology works but the issues with the church and the devastating PR they are suffering as a result of non delivery is causing confusion for those that have a hard time reconciling the truths in Scientology to the actions of the Church.

The way out is to consistently and continually iterate the difference between the church and the philosophy. However, the question often comes up, "How can the church with all the answers and abilities it says can be attained deteriorate so much?" The answer of course is that peoples purposes and goals are not changed and those with ulterior purposes and goals have attained a tight grip on the church organisation and are using it for their own purposes and goals, none of which are actually the purposes and goals set out by L. Ron Hubbard for the church initially.

It is up to us therefore to preserve, protect and promote the philosophy and technology of application to ensure Scientology's survival and the survival as free being in the future.

This is a game where everyone can win. As long as it is played.

Much arc,

Michael Moore
Editor

~oo00oo~

The Aims of Scientology and APIS

Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not appear to be following these aims fully. Therefore it behooves us to take some responsibility and set out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.

We therefore stated below:

The Aims of APIS

To contribute towards having a sane society by the promotion, expansion and application of the technology to the point where people can live their lives in peace and security and without war or insanity and where they can honestly flourish and prosper and attain higher levels of spiritual being.

APIS is non political in nature and welcomes any individual of any creed, race or nation.

APIS does not seek revolution. APIS seeks only to assist in paving the way for evolution to higher states of being for the individual and for society. After endless millennia of ignorance about himself, his mind and the universe, a breakthrough has been made for man by Lafayette Ron Hubbard with the philosophy and the technology he developed to free man from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand years of thinking men, distilled and amplified by new discoveries about man, have made for this success."

We welcome you to APIS. We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafayette Ron Hubbard is the most vital movement on Earth today. In a troubled world, the job of promoting and applying this technology is not easy. But then, if it were, we wouldn't have to be doing it.

APIS does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

As Ron says:

"Man suspects all offers of help. He has often been betrayed, his confidence shattered. Too frequently he has given his trust and been betrayed. We may err, for we build a world with broken straws. But we will never betray your faith in us so long as you are one of us.

The sun never sets on Scientology.

And may a new day dawn for you, for those you love and for man.

Our aims are simple, if great.

And we will succeed, and are succeeding at each new revolution of the Earth.

Your help is acceptable to us.

Our help is yours."

'The Aims of Scientology' -- Lafayette Ron Hubbard

~oo00oo~

CERTIFIED AUDITORS & GROUPS

This list of auditors and groups here have been ratified and certified as delivering On Source Standard Technology.

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See [Certification](#) for further details. They have passed stringent testing by senior technically qualified people as per the [certification process](#).

Canada

Toronto

Chris Black. Class VIII C/S, KOT,

Delivers: Purif C/S; Life Repair To Clear Auditing & C/Sing OT reviews & C/Sing; FPRD; Debugs & more.
standardtechauditor@yahoo.ca

USA

South East

Karen de la Carriere. Class XII LRH Trained Class XII C/S

Delivers: L's, NOTs, and entire Bridge

Karendelac@gmail.com

Southern Cal tech Team

Standard LRH Bridge

Training, Auditing & C/Sing Specializing in OT and NOTs levels

scttservices@gmail.com

Los Angeles, California

Trey Lotz Class VIII

Delivers: Standard LRH Bridge up to Clear, NOTs, Ls

[Trey Lotztrey@relaypoint.net](mailto:TreyLotztrey@relaypoint.net)

Ian Waxler Class VIII C/S with Honors

Auditing and C/Sing all old LRH Bridge

info@adcian@yahoo.com

Ingrid Smith

From Life repair to OT4

ingridsmith123@yahoo.com

Silvia Llorens

All Standard Bridge

slllorens71@gmail.com

Scotland

Ken Urquhart. Class IV Advance Courses Specialist. Class IX

Delivers: Internships, apprenticeships and Okay-to-Audits Class V

Ken_Urquharturq@verizon.net

Non certified and pending auditors, groups and organizations can be found on the [auditors page](#). APIS offers no guarantee as to the quality of delivery of services with uncertified auditors. They are alphabetically categorized by country and region for your convenience.

~oo00oo~



Wins and Successes in the Scientology Independent Field

ARC SW

I am so happy to be making progress and having insights into what I am responsible for. With yawns and laughter I felt the charge being contacted and released. I want to get more of this stuff and also help others get the benefits of auditing. My understanding of the ways we know has increased.

Life Repair

Finished this program today, working with Chris, who I find is a super auditor. We looked over principal areas of charge over a fairly long lifetime. I discovered all sorts of fascinating stuff in session, and had an opportunity to align and make sense of this. At the start of the program, I had a fairly ho-hum attitude to life - enjoying it to some degree, without real enthusiasm. I now find life has many new possibilities and I'm quite cheerful about it and the projects and activities I can engage in in the

future.

Also more relaxed in my relationships with others and not so easily upset. Very much looking forward to further progress along the Bridge.

Drug Rundown

On the Drug Rundown I feel unbothered by drugs I have done and there are no more past upsets from drugs. Another nice win was I gained a greater certainty of past lives. I feel good in general in the area of drugs and alcohol I have taken and don't feel bad about the drugs I've done anymore.

General Auditing

I had a very good win on the LX Lists. I've started to become myself - I would say "again", but I don't think this has been true this lifetime. My own voice sounds strange to me, like a new person has arrived. The lists were a battle (with the bank) and I won. Thanks.

Sunshine RD

After 3 or 4 minutes I had the following cog: there is nothing big or small, near or far but everything depends on us. We decide if a thing is big or small. And a big thing, if we decide in that way, can become small. It doesn't exist something far or near, because we can be, if we decide it, at the same time everywhere. And in the same way it doesn't exist a special thing, but everything can be special, the most insignificant thing too, if we decide to see it in this way. And in the same way in this moment I've decided that everything I see and feel is wonderful.

Grade 0

On this grade I've handled tons of stops I've had in life. It seems as if I have total control on the confront of communication with others and myself. This grade is very well designed in that it handles specific comm problems and the way you look at yourself. It also increases your ability to have your communication come across as a theta action.

Grade III

I have just attested to completing Grade III. Of the previous grades, this one has been the fastest to do. It has been relatively calm to do.

If I get upset, it lasts very briefly, or I can go and spot the source of the upset. And I realize that if my reaction does not match the current situation, it is because I would be dramatizing something that was earlier! That bank reaction is more real to me! I can see it. (In others too!) Great auditing. Thanks Chris, and of course to the one who made it all possible - LRH."

CLEAR

With the state of Clear on the 1st dynamic, I can easily handle any mental matter, energy, space and time which equate to pictures from ones own time track. ALSO, on of the other definitions of Clear in an absolute sense states

that one can confront anything and everything in the past, present and future-

I have seen a big increase in that kind of confront for myself. "Bring it on, baby" kinda thing. "Evil?" "What evil." Another thing erased is the reactive mind and its' viciousness. Trust me, I know. What used to set me off before in a situation has no effect (cause over mental mass). Another Clear trait I recognize in myself.

is the increase in being able to have a bigger game and confront what it takes to play that game.

One last thing is that I notice others who aren't clear yet, trying to operating underneath their mental MEST or bank.

Today I attested to the State of Clear and it's really great to be validated that I am cause over mental MEST. Wow. The world is a lot more fun and it's just like when I was little and free and innocent.

Things are smooth and fun and it's great to be alive--I know I will continue to be--and nothing can ever stop that! Wow-the world is my oyster-I can do anything I decide to do and this feeling of win is something that everyone deserves to have.

OT1

I have completed OT1! I'm so happy I could cry. I had more fun than ever, it's like all the material I ever studied, has been put to work, and via my observations, I can truly see what sort of game we have here with energies and flows and a definite distinction between them and theta. It's so obvious yet SO overlooked!!! I FEEL good ,and everybody could, and should. THANK YOU Ron.

"It has been a long time since I've been able to move on the Bridge. Working with Pat has given me the inspiration and courage to continue. And it for me that I do. OT I was just the action I needed. I really was able to see others in a different light...and see myself in a new

unit of time."

OT III

"I experience a tremendous freedom to be myself and play. I readily take on things I would not have before and welcome them and play at them. Conversations that used to fluster me are now effortless and even fun. I'm playful with the people in my life where I was tentative and serious before.

"I have a new and tremendous freedom to BE. And something I really love is that others in my life have a tremendous freedom to Be with me. I grant being like I've never known. Yes, that's it. I grant being. To me. To others. Lovingly. Playfully.

Study

I just finished Book 1 of Science of Survival today. And, yet again, I had another tremendous cognition and Win. As I have said before, I had a bad experience at my last job, made mistakes and, unfortunately, lost my job in March. I have since made great improvements to myself and have gotten a great job that I am very successful with. However, my studies and journey on the Bridge have

helped me understand even more about why the situation at my last job occurred. Today, while reading SOS, I came across the part in which Ron discussed how one's environment has an actual tone level. And, how, one may be a higher tone away from a certain place (with a higher tone), and a lower tone in a lower-toned environment. I immediately recalled my experiences with my last job. The atmosphere and attitude at that job were horrible. It was not a place of enjoyment. I lived in fear of a domineering and nasty boss who was never one to help build you up; only destroy you. I then recalled how that low-toned environment actually caused my own tone level to decrease. I became careless, uninhibited, and ultimately, brought about my own termination. Yet, I remembered how I was a completely different person outside of work. The negative person I was at that job was gone when I was at home, or out with friends. It truly was the environment of my previous employer that caused my own tone to crash and, thus, cause me to become someone unable to maintain that job.

~oo00oo~



Price of Diamonds



Comprehensive up to date news and information on diamonds



LRH ED 342 INT
9 May 1982 RON'S JOURNAL 35
FROM CLEAR
TO ETERNITY

As I continue to research; I never cease to be amazed at the amount of gain potentially available to an individual.

There are six rough divisions of case gain.

1. From raw public to a realization Scientology works and should be continued.
2. The realization that, through his auditing, one will not get any worse - an arrested decline.
3. The whole band of gains we call the lower Grades. The very least of these gains (and there are many by pc testimony), is stated to exceed by far any advance in personal gain ever before achieved in any former practice known. (A simple flying of ruds can get more gain than ten years of psychoanalysis!)
4. The band that achieves in a final burst of glory and freedom, the state of Clear.
5. The pre-OT levels, leading to personal spiritual freedom. These carry up through all NOTs, audited and Solo. What is amazing here

is that each one of these levels, according to rave reports, has, each one, its own spectacular level of gain.

6. The actual OT levels beginning now with New OT VIII and going on up.

According to the spiritual research records and pre-OT and OT reports, the AMOUNT of gain available to one person is never really conceived, in an aberrated state, to potentially exist above him.

It is a never-ending source of wonder to people, going truly on this route, that there could be such QUANTITY of gain available to one being.

Thus in an aberrated state, the person is not likely to turn his eyes up very high and still keep a reality on it.

In the age of speed, people may conceive it all should happen in a minute. Or maybe a minute and a half. Or as the result of a needle jab which will make them free forever.

Alas this universe isn't built that way.

This universe is based on QUANTITY. There's an awful lot of it.

The number of electrons in an atom, the number of atoms in a molecule, the number of mol-

ecules in a drop of water is awesome arithmetic.

The number of planets in systems, the number of suns in a galaxy, the number of galaxies add up to mind-boggling figures

TIME, on this very short-lived and hectic planet, is hardly conceived of at all. Just recently geologists concluded that Man might have been here for a million years. HAH! Little do they know!

The age of this and other universes is very, very long. It is not eternity but almost.

So, without getting into questions as to how long you've been around (the brain theory boys might object since they are TERRIFIED of spirits) let's ask this question:

If a being had half an eternity to louse himself up, how loused up could he get?

Right. Go to the head of the class. Plenty!

And you now can get an inkling of how much spiritual gain might be available. And this could explain why, at each one of the six levels, there are so many new gains according to testimonies collected.

All right. Got that? Good.

We now come to the next question, since one and all are being very bright this morning.

If it took a being half an eternity to louse himself up, how long would it take to unlouse him?

Now before your mouth turns down at both sides and before you collapse with apathy considering it, let's look at the miracle of Dianetics and Scientology.

It doesn't take half an eternity. It doesn't take millennia - though this could be reasonably expected. It doesn't take centuries. It only takes years.

That's right, years.

The above six rough divisions of gains are sort of an expanding scale.

The first one could take, with an intro or assist, maybe half an hour plus a few evenings reading books.

The next level (consisting of formal auditing and Purif), possibly could take a week or two.

The third level, consisting of the lower Grades and more books could, due to scheduling of time and all that, consume a month.

The fourth level, depending on the case, might take a bit longer. But it can result in Clear.

The fifth band now begins to really lengthen. To become a Solo Auditor and go up through the levels to OT III could take months. And through OT III can stretch out considerably. And then audited NOTs and Solo NOTs really adds time on. The gains of each point of progress can make, according to reports of pcs, progress at the lower end look like inches. Yet the lowest of these bands is above any progress Man has made before.

Now when we get to band six, get ready for a long haul. It won't happen in a minute.

So what we're looking at here is time proportional to reported gain.

Once one has gone Clear and gets to Solo, one has to plan one's time to each day put his auditing time in and just keep at it.

Some balk when they have gone a week. Life

looks too interesting. Or they bog and are "too busy" to get a repair to get them going again. They are, after all, moving at a much faster pace personally - their interests may have multiplied.

But if they will just keep at it and make the arrangements necessary to be able to do it, according to the rave reports, it is very worthwhile.

So what is one really looking at? The higher the level, the longer the time - because one is handling a higher band of potential gain.

And what is one rising to, after all?

One is rising to eternity.

You think time is behind you?

Have another thought. Look AHEAD.

There's eternity!

And you'll be in it.

You'll be in it in a good state or a bad one. Really, I'm sorry to have to tell you, there's no

choice. One may be able to step off the planet. One isn't going to step off life.

In this time and in this place - for possibly just a little while, we have this chance. To go free and to make it. Planets and cultures are frail things. They do not endure.

I cannot promise you that you will make it. I can only provide the knowledge and give you your chance.

The rest is up to you.


I strongly advise you work hard at it - don't waste this brief breath in eternity.

For that is your future - ETERNITY.

It will be good for you or bad.

And for you, my dearest friend, I've done what I could to make it good for you.

~oo00oo~



Freedom

Freed on too many barriers, man yearns to be free. But launched into total freedom he is purposeless and miserable.

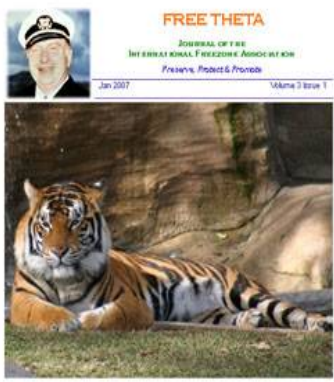
There is freedom amongst the barriers. If the barriers are known and the freedoms are known, there can be life, living, happiness, a game.

- SCIENTOLOGY: A NEW SLANT ON LIFE

L. Ron Hubbard

FREE THETA

The voice of independent Scientologists with Exciting articles by source and well known and well respected individuals. Regular favourite features. Available to APIS Members only. Join APIS Today!



"REALITY IS THE AGREED UPON APPEARANCE OF EXISTENCE."

SCIENTOLOGY \$ 8098

Lafayette Ron Hubbard



Excerpt from 3 March 1952 Scientology Milestone One

Now, how do you get sane? What are the component parts of sanity? How do you get there? Well, that's the first route, that's the first milestone. But that's only mile one! And there are ten thousand of those milestones out there. Just one. Until you get one - Milestone One, which is complete ability - it isn't very likely that you will be able to compel or reason or handle (manhandle it or otherwise) a world into a sane approach to the business of living, until that one step is accomplished. Any one of you accomplishing that step can go on to step two and three and four and five. Any one of you all the way up on ability could so knock the spots off of anybody - anybody you talked to - that they would be very, very compelled to take your good advices on the subject.

Now, there's nothing unreasonable about that. The only question in your minds at this mo-

ment is "Can I attain the first milestone?" That's the reason I'm giving this course. The first milestone. That's the reason you have this book, Handbook for Preclears. That's attaining the first milestone. Now, the first milestone does not include clearing up the prisons, clearing up the insane asylums or resolving the problems of cities like Los Angeles. Doesn't include these things. Those are up there at three, four, five; they're incidental. So there are nineteen million insane in this country - you didn't drive them insane. You can't solve this problem by taking them one by one, one by one. No. But by solid cohesion in your goals, with a solid forward push on the rehabilitation of you and the rehabilitation of the very able who surround you, those goals will be accomplished on an automatic backlash.

But right now what we've got to do is to carry forward far enough, as individuals, beyond the first milestone, so that some of the actual native goals of man can be realized in this universe. And we can do it, because every doubt which you have right this minute is just an aberration.

Anything which is fighting you at this moment is within you. There is nothing - fire, swords, police, national governments, economic systems - none of these things could stop man once he started. And what we're trying to do is start man. Nobody has ever started him before; all they were interested in doing is controlling him and holding him down.

And that's Scientology: knowledge and its application in the conquest of the material universe. Scientology needs a crew, and with persistence and opening your ears, you'll be that crew."

-oo00oo~

TOUGHNESS

(Note: the text of this FO was written originally as an article for UP magazine [Issue 3], an early Advanced Org mag, in 1968. It is reissued now as a Flag Order as "toughness" *is* a distinctive SO attribute.)

Toughness is high on scale.

At upper levels in Scientology we find ourselves unable to handle one area and so instead of doing natural thing and reducing the area we are trying to handle, we just double the size of the area. That's the way theta works.

How many times in your life have you decided: "Well let's see, I couldn't handle so and so. I guess I'd better handle just a little bit less." And then the first thing you knew you couldn't even handle that.

What if you have said: "All right. Now let's see. I don't seem to be able to do this. Well, where's two of them?"

I recommend it to you very thoroughly. You can't handle something, *you say*. Find a couple of tougher ones.

The point is that you go in reverse. You've decided already long time since it was rough handling a MEST body. A pre-OT who's fairly convinced that it's tough, gets kind of anxious about handling his body. He knows he can do only one thing at once. He knows this. He knows it completely.

Let him go down the street and work two bodies at once.

"Oh no," you could say, "no, this isn't the right road out. This couldn't be. That's just more quantity. That's . . ."

I'm afraid that this /is/ the road out.

The job gets tougher as you move up the line to higher levels. Fortunately I've designed it so that each new level is attainable for most.

The thing to do is to keep moving over the Bridge, keep working on the next level, and soon you'll be on the other side.

I'll see you then.

L. RON HUBBARD

THE BRIDGE TO TOTAL FREEDOM
SCIENTOLOGY CLASSIFICATION GRADATION AND AWARENESS CHART
OF LEVELS AND CERTIFICATES

TRAINING and PROCESSING charts. Includes columns for Author's Class, Course, Prerequisites, Topics Covered, What's Covered, and End Result. Lists various classes from Class XII down to Class I, along with processing levels from OT I to OT XV.

DIANETICS AND SCIENTOLOGY INTRODUCTORY SERVICES. Lists various introductory courses such as Success Through Communication, Life Improvement, Personal Efficiency, and Scientology Introductory Auditing.

DIANETICS AND SCIENTOLOGY BEGINNING BOOKS AND EXTENSION COURSES, LECTURES AND PUBLIC FILMS. Includes sections for 'How to Use This Chart', 'Definitions', and 'Need of Change'.

A Special Quote from the Volunteer Ministers Handbook by L. Ron Hubbard

Exercises One, Two and Three

Exercise One

Look and Act Younger: Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners.

You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think.

You can do this daily. It will make you look and act younger.

Exercise Two

Feel Freer: Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body.

Use these two steps over and over. You will feel freer and see better.

Exercise Three

Better your memory: Go over this list many times, each time answering its questions.

"Recall a time which really seems real to you."

"Recall a time when you were in good communication with someone."

"Recall a time when you agreed to something."

"Recall a time when somebody disagreed with you."

"Recall a time when you liked somebody."

"Recall a time when someone agreed with you."

"Recall a time when someone was communicating easily to you." "Recall a time when somebody liked you."

Use this list many times. If "holding corners" (Exercise One) disturbed you, use this list. If you are tired or confused, use it.

This exercises can be done for hours.

~oo0oo~

Expanded Know to Mystery Scale

But you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at. And then this condenses and we get emotion. And this condenses and we get effort. And this condenses and we get thinkingness -you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery.

Now, we could go on down south again and say, below mystery we get peering. And below peering, why, we would of course get misemotion. And below misemotion we would get horror of effort. And below horror of effort, why, we would get something on the order of a circuit instead of thinkingness, you see.

And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And below this, why, we would get unconsciousness.

Native State
Not Know
Know About
Look
Emotion
Effort
Think
Symbols
Eat
Sex
Mystery
Wait
Unconscious

PERSONAL INTEGRITY

WHAT IS TRUE FOR YOU is what you have observed yourself
And when you lose that you have lost everything.

What is personal integrity?
Personal integrity is knowing what you know-
What you know is what you know-
And to have the courage to know and say what you have observed.
And that is integrity
And there is no other integrity.

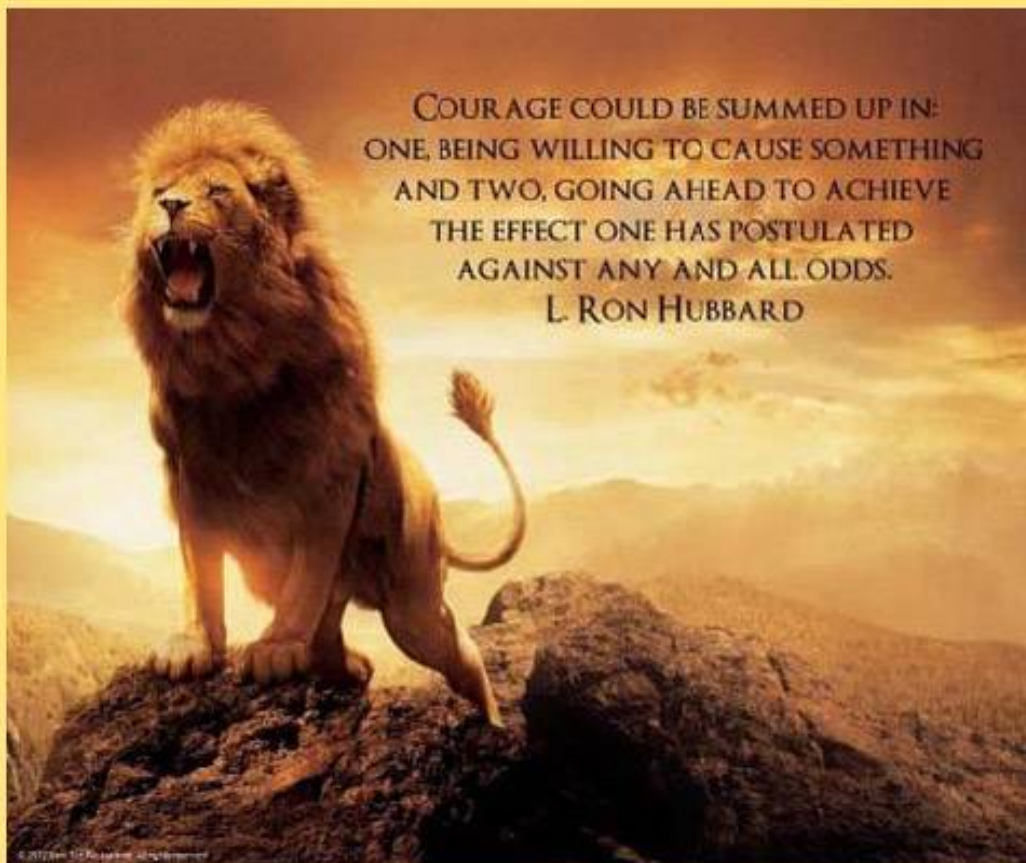
Of course we can talk about honor, truth, all these things,
The esoteric terms.
But I think they'd all be covered very well
If what we really observed was what we observed,
That we took care to observe what we were observing,
That we always observed to observe.

And not necessarily maintaining a sceptical attitude,
A critical attitude or an open mind.
But certainly maintaining sufficient personal integrity
And sufficient personal belief and confidence in self
And courage that we can observe what we observe
And say what we have observed.

Nothing in Dianetics and Scientology is true for you
Unless you have observed it
And it is true according to your observation.
That is all.

L. Ron Hubbard

Group Starter Kit for Scientologists



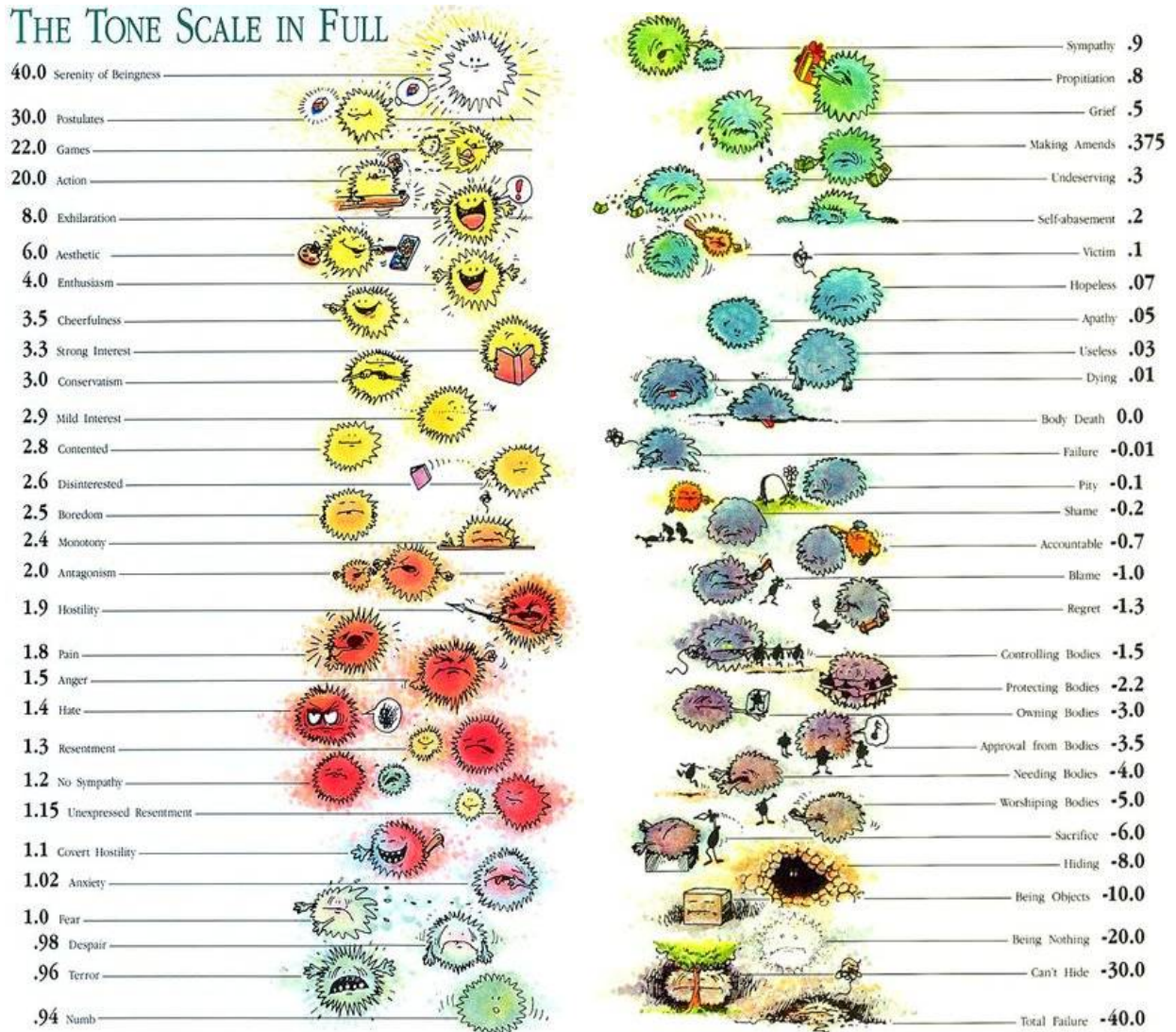
A Handbook for Field Scientologists Starting up a Group

Published by The Association of Professional Independent Scientologists.

Get your Free Group Starter Kit today!

<http://independent-scientologists-association.net/start-a-group.shtml>

The Tone Scale in Full



The Tone Scale

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

Scientology 0-8. The Book of Basics

Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which I offer as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."
2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.
3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)
4. Get a physical examination and if anything is chronic get it cured.
5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin C.

If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."



***Join The Association
of Professional Independent
Scientologists today and
make a difference to your life!***

**[http://independent-scientologists-
association.net](http://independent-scientologists-association.net)**

Regain your **ABILITY and POWER** as a Thetan

by L. Ron Hubbard

INTENTION. The ability to intend. And intention contains in it every power the Thetan has. The ability to throw a lightning bolt. The ability to hold something in position. The ability to make some thing continue. The ability to do away with something. Strength. Accomplishment. Power. Wit. Ability. These things are all wrapped up in the one common denominator of INTENTION.

You've been able to do this in recent times. It baffles you sometimes when a piece of MEST does not instantly and immediately obey, but it's simply a matter of intention.

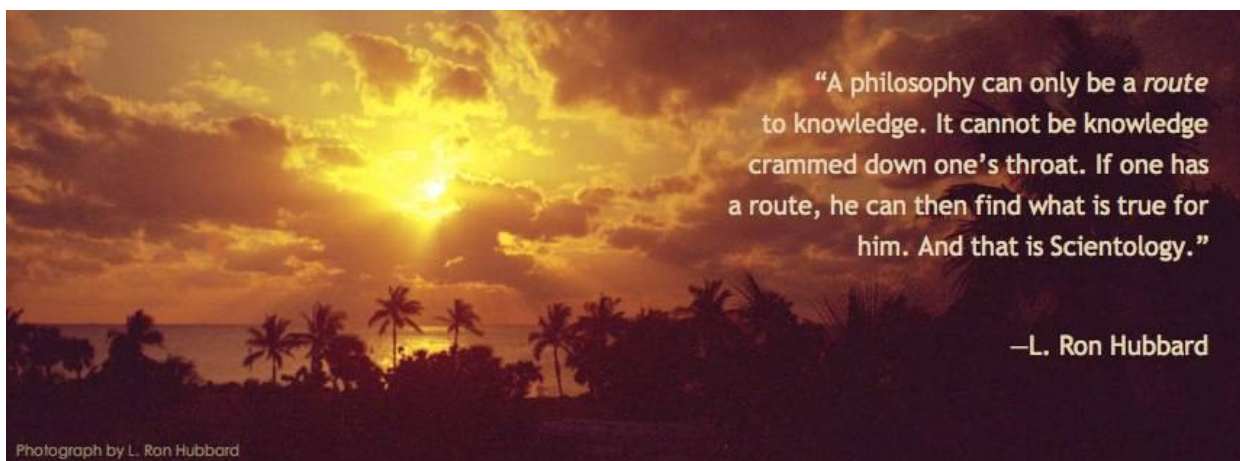
You intend something to happen and it happens. This is the ability to intend. And that is all there is to a thetan's power - there is no more to his power than that.

Intention is everything in case recovery. A person is as weak as his intentions are blunted. He will become as strong as his intentions are free. The greatest holder-backer of intention is the person himself. If he is regaining his power or ability or something like that, he's merely moving out of his road what blunts his intention and what has blunted his intentions, and that's all he is really doing.

Well, now he can go all the way, that is well within his grasp, and if he walks along a certain path and doesn't keep jumping off the cliff and so-forth, why he will arrive.



Copyright © 1964, 1973 by L. Ron Hubbard. All rights reserved. Scientology is an applied religious philosophy. The Church of Scientology is a non-profit organization.



This Newsletter is provided subject to the condition that it shall not be circulated in any form without the publisher’s cover and acknowledgement of the material contained herein and is not to be sold, hired or otherwise disposed of for any fee or consideration. It may be freely distributed online and passed along only in its current form and with the above proviso.

Comments and articles published in the FREE THETAN are not necessarily the opinions of the Publishers or Editors and are offered solely for information purposes only and any and all articles, comments, editorials in this journal are not to be considered or construed as ‘source’ material issued from L. Ron Hubbard, excepting the fair use quotes as used from the works of L. Ron Hubbard.

The Association of Professional Independent Scientologists is a non-profit association dedicated to the promotion and expansion of the workable philosophy of Lafayette Ronald Hubbard. It is independently operated by independent scientologists who are exercising their right to free religious expression and practice and is not associated with, endorsed by or affiliated with the Church of Scientology, its affiliates, corporations management organizations, groups, CST or the RTC.

This publication is designed to provide accurate and informative information only in regard to the subject matter covered. This publication does not purport to offer any professional advice of any legal, financial or psychological service and is issued with the understanding that the publisher, editor and contributors are not engaged in rendering any legal, financial, psychological or any other professional service and is offered for information purposes only. If any legal, financial, psychological or any other professional advice or assistance is required, the services of a competent professional person should be sought. The reader is solely responsible for his or her own actions.

Copyright © 2016 By the International Freezone Association Inc. operating as the Association of Professional Independent Scientologists. All Rights Reserved.

All copyrights and trademarks belong to their respective owners

~oo00oo~

